

# Wildwood Crest Recreation Department

## May 2026 Activities

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### RECREATION PROGRAMS:

**Adult Fitness:** Aerobics/strength training program designed for older adults ... Mondays, Tuesdays and Thursdays at 10 am ... \$5 per class or 20 classes for \$80 ... no class May 25

**Walking Wednesdays:** Wednesdays at 9 am ... Free 30-minute walking/light aerobics class for all ages ... NEW-Group Pier walking continues 9:30-10 am with music ... no class April 8

**Adult Functional Fitness:** Saturdays at 8:30 am .... Adult exercise program focusing on total body strength ... \$5 per class or 20 classes for \$80

**Wellness Workshop:** Tuesdays at 5:30 pm ... mindfulness class featuring gentle yoga, stretching, balance exercises, movement and synchronized breathwork, sound bath meditation and journaling ... seniors, veterans, those with limited physical abilities and all who are interested are welcome ... \$5 per class or 20 classes for \$80

**Senior Functional Fitness Training:** Wednesdays at 11 am ... Class for older adults focusing on strength, flexibility and coordination ... \$5 per class or 20 classes for \$80

**Crest Silver Shells Chair Fit Classes:** Thursdays at 12 noon ... low impact aerobics and light strength training designed for older adults ... FREE program

**Crest Kids Tot Time:** Wednesdays 10 am-12 noon ... unstructured drop-in play time for preschoolers accompanied by a parent or guardian

**Pier Walking:** 8:30 am-3 pm Monday through Friday

**Adult Pickleball:** 8:30 am-9:45 am & 11:15 am-3 pm Monday, Tuesday, Thursday; 12 noon-3 pm Wednesday; 8:30 am-3 pm Friday (reservations suggested; at least one player in group must be Wildwood Crest resident) Note: No pickleball May 9-17 due to volleyball activities

**Adult Mahjong:** Wednesdays, 1-4 pm

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### SUMMER KICKOFF CONCERT

**SUNDAY, MAY 24 – 7 pm ... Centennial Park**  
FREE, all-ages show with Big House, one of the region's top dance/party bands ... bring a blanket or chair

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### Champions of Wellness Ceremony

**SATURDAY, MAY 9 – 8:30 am ... Crest Arts Pavilion**  
Recognition and awards for those committed to and helping promote healthy living ... free to attend ... light lunch will be served ... Info: 609-523-0202

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### MEETINGS

**Book Club:** Tuesday, May 19 at 12 noon

**Tourism Commission:** Wednesday, May 13 at 4 pm

**Recreation Commission:** Wednesday, May 13 at 5 pm

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**CREST PIER: 523-0202;**

**VON SAVAGE POOL: 522-0084**

### Mayor's Wellness Walk

**SATURDAY, MAY 9 – 8:30 am ... Crest Arts Pavilion**  
Join Wildwood Crest mayor Don Cabrera, other local officials and members of the Wellness Committee for an approximately 45-minute walk along the Wildwood Crest bike path. Free. Participants should gather at the Crest Arts Pavilion (6301 Ocean Avenue) no later than 8:15 a.m. Free T-shirts to first 75 registrants.

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### OPEN REC SCHEDULE

(Subject to change)

**Monday-Friday:** 3-6 pm grades 1-8; 6-9 pm HS/adults (close 8 pm Fridays)

**Saturday:** 11 am-2 pm grades 1-8; 2-5 pm high school/adults (Island residents only)

**Sunday:** 12-5 pm – Family open rec; Crest residents only; all children must be accompanied by an adult

**Note:** Gymnasium open for adults 8:30 am-3 pm Monday-Friday

Note: No open rec Saturday-Sunday, May 9-10 and May 16-17 due to youth volleyball tournaments

More info: 609-523-0202

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### Outdoor Zumba Class

**Saturday, May 23 – 8:30 am at Centennial Park**  
Outdoor Zumba fitness class for ages 16 and older ... \$5 per class or 20 classes for \$80 ... no pre-registration required ... additional summer classes begin in late June

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### VOLLEYBALL WEEK! May 11-15

The Wildwood Crest Pier Recreation Center will host Open Volleyball Week Monday-Friday, May 11-15. Volleyball nets will be set up in the gymnasium for the general public to use during open recreation hours  
More info: 609-523-0202

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### Create in the Crest Arts Festival

**Saturday, May 16, at Crest Arts Pavilion, 11 am**  
Fourth annual event featuring artists, entrepreneurs, musicians and other creators demonstrating, displaying, selling and teaching their art. 11 am-1 pm. Crest Arts Pavilion, 6301 Ocean Avenue. Live music. Info: 609-523-0202 or 609-522-0221.

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### Bike To School Day!

**Tuesday, May 19 – Heather Rd. & Ocean Ave., 7:45 am**  
Held as part of bike safety month ... students and chaperones will form a bike train and pedal to school. CMS students grades 4-8 are welcome. Younger students must be accompanied by an adult. All other members of the community also encouraged to participate.

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**CREST ARTS PAVILION: 849-9213**